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Factsheet N 1: HIV Epidemic Update of Nepal, As of November, 2013

Facts about HIV Epidemic in Nepal

- The first HIV infection was detected in 1988 in Nepal. Since then HIV epidemic has evolved from low to **Concentrated** among **Key Populations at Higher Risk:**
  - Injecting drug users (IDU),
  - Men who have sex with men (MSM),
  - Female sex workers (FSWs),
  - Clients of female sex workers,and
  - Seasonal male labourmigrants.
- Heterosexual transmission is dominant.
- HIV prevalence in general population is <1%.

Situation of HIV in Nepal, 2013

- Estimated number of HIV infections (2012) by age groups:

Children (0-14 years):	4,000
Adults (15-49 years):	41,000
Adults (50+ years):	3,600
Total	**48,600**

Adult (15-49) HIV prevalence:	0.28%
Adult women (15-49) living with HIV:	28%
Young people (15-24) living with HIV:	10%
Estimated newly infected in 2012:	1,186
Cumulative number of reported HIV infections (1988 - 16 July 2013):	22,994

Figure1: Estimated HIV Infections by SubPopulation Groups, 2012

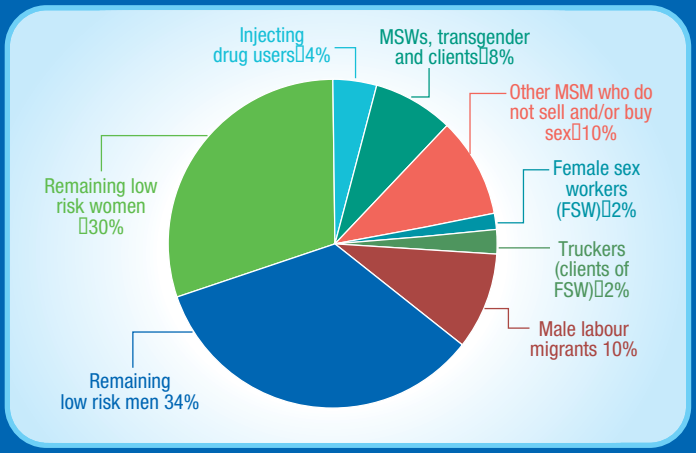


Figure 2: Adult (15-49) HIV Prevalence, 2012

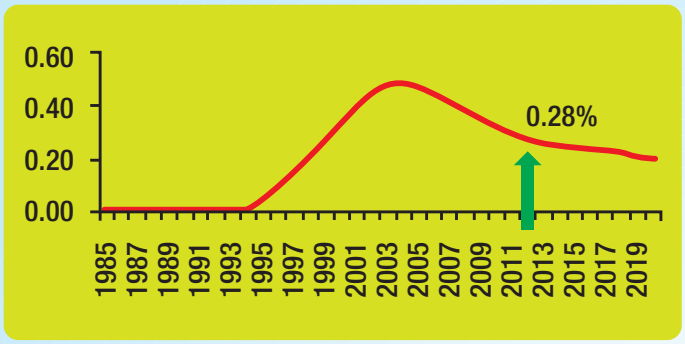


Figure 3: Estimated HIV Infections vs. Estimated HIV Prevalence in 2012

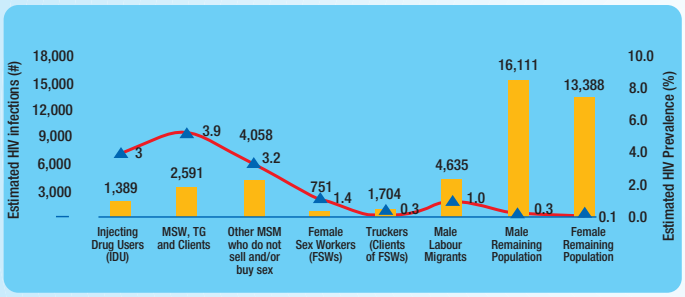
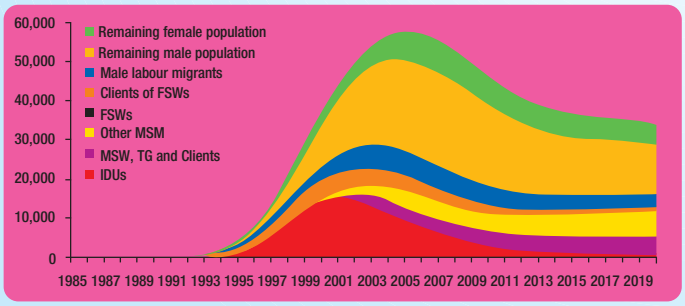


Figure 4: Distribution of Estimated HIV Infections by Sub-Population Groups, 1980-2015



- Heterosexual transmission is the major route of spreading HIV in Nepal. About 85% infections are spread through sexual transmission.
- Injecting drug users, female sex workers and their clients, men who have sex with other men/transgender people and male labour migrants (primarily to high HIV prevalence areas in India) are the key populations athigher risk driving the epidemic.
- Intensive efforts are needed with targeted interventions among high risk groups with improved coverage and quality to contain the epidemic in Nepal.
- Considering the apparently mixed epidemic in Nepal, it is essential to design and implement HIV prevention services among low risk general populations as well.

Table 1: Key Indicators of HIV and AIDS Situation in Nepal, 2012

Indicators	Value (2012)
Adult (15-49) HIV prevalence	0.28%
Proportion of women 15-49 living with HIV	28%
Proportion of women and girls 15-24 living with HIV	3%
Average number of new infections per year (Male to Female ratio)	1,186 (1.9)
Average number of new infections per day	3.2
Average number of new infections amongst children (0-14) per year	312
Average number of AIDS deaths in year 2012	4,136
Average number of AIDS deaths among children (0-14) in 2012	269
Total number of Double AIDS orphans till 2012	5,274